



**Wednesday, October 27, 2010**

**Fall Diabetes Coalition  
Meeting:**

**Exploring Patient Resources  
to Enhance  
Self-Management**



Christa McAuliffe Planetarium  
McAuliffe-Shepard Discovery Center  
2 Institute Drive, Concord, NH

*Sponsored by*

NH Diabetes Education Program,  
Community Health Access Network (CHAN), &  
Southern NH AHEC

**Program Agenda:**

4:30-5:00 Registration & Networking

5:00-6:00 Buffet Dinner

5:30-6:00 Diabetes Coalition Business Meeting

6:00-8:00 Continuing Education Program

- Operation Frontline: Dish on Diabetes
- Better Choices, Better Health: Chronic Disease Self-Management Program

8:05-8:30 Planetarium Sky Show

**Target Audience:** Physicians, physician assistants, nurse practitioners, nurses, registered dietitians and others interested in the management of diabetes.

**Learning Objectives:**

After participating in this session, participants will be able to:

- Describe the importance of self-management for patients with diabetes
- Discuss community resources that support diabetes self-management goals
- Identify key elements of promising practices and evidence based community programs that support management of diabetes
- State key elements of the Dish on Diabetes Nutrition Program and Explain strategies to empower patients to better manage their care used by the CDSMP program, Better Choices Better Health

**Faculty:**

**Rebecca Story, MS, RD, LD,** Operation Frontline Coordinator- The New Hampshire Food Bank, Manchester, NH

**Susanne Chenoweth, RN, BSN,** Heart Health and Wellness Services, Memorial Hospital, North Conway, NH, and Leader and Master Trainer- Better Choices, Better Health Chronic Disease Self Management Program

**Joan Lanoie,** Director of Volunteers- Memorial Hospital, North Conway, NH, and Master Trainer – Better Choices, Better Health Chronic Disease Self Management Program

## Continuing Education:

### Physicians:

The Southern New Hampshire Area Health Education Center (AHEC) is accredited by the New Hampshire Medical Society (NHMS) to provide continuing medical education for physicians. The AHEC designates this educational activity for up to 2.0 hour(s) per session in Category 1 credit towards the AMA Physician's Recognition Award.

### Nursing:

The Southern New Hampshire Area Health Education Center is an approved provider of continuing nursing education by the New Hampshire Nurses' Association Commission on Continuing Education (NHNACCE), an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.

This continuing education activity has been approved for 2.0 contact hours. Activity number: 0999.

### Dietitians

The Southern NH Area Health Education Center has requested up to 2.0 hours from the Commission on Dietetic Registration, the Credentialing Agency for the American Dietetic Association.



**Cost:** The cost for this program is \$25.00. Limited scholarships are available.

**Registration:** You may register in a number of ways:

- Online at [www.snhahec.org](http://www.snhahec.org)
- Complete and fax this sheet to (603) 895-1312
- Telephone (603) 895-1514 ext. 3
- Complete and mail to Attn: Christina Patenaude  
Program Coordinator  
Southern NH AHEC  
128 State Rte 27  
Raymond, NH 03077

(Please print and complete each item. Please make checks payable to SNHAHEC.)

**Name:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Credentials:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_ **ZIP:** \_\_\_\_\_

**Phone (w):** \_\_\_\_\_ **Fax:** \_\_\_\_\_